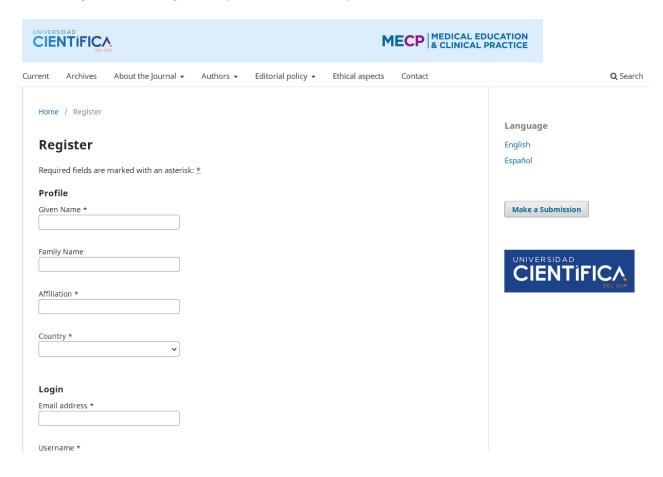




1) Register and/or log in with your username and password.

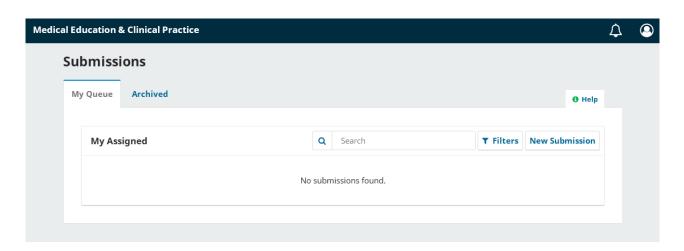




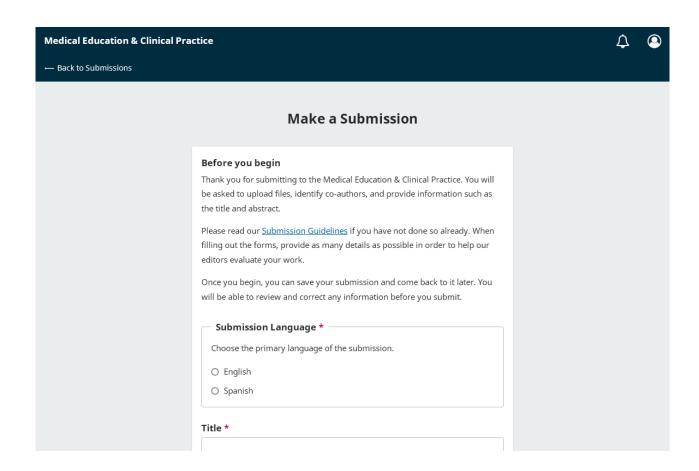




2) Click on "New Submission"



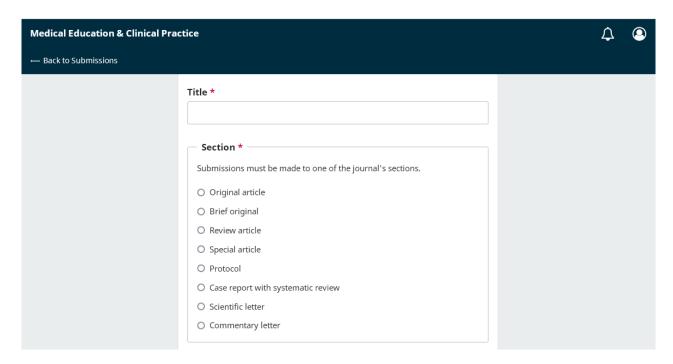
3) Choose language



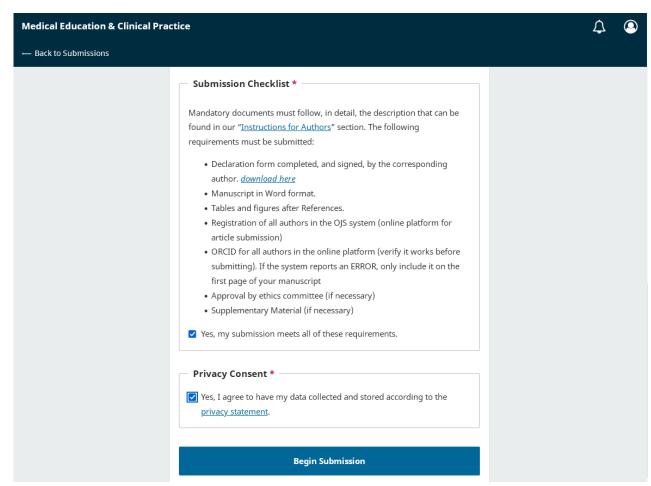




4) Title and section according to the type of article.



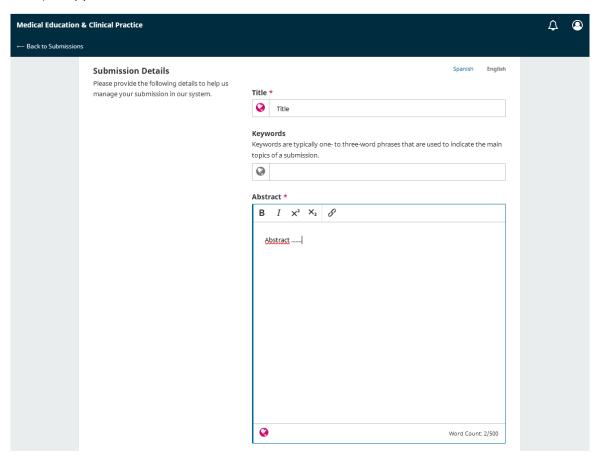
5) Submission Checklist and Privacy Consent, and click on "Begin Submission".



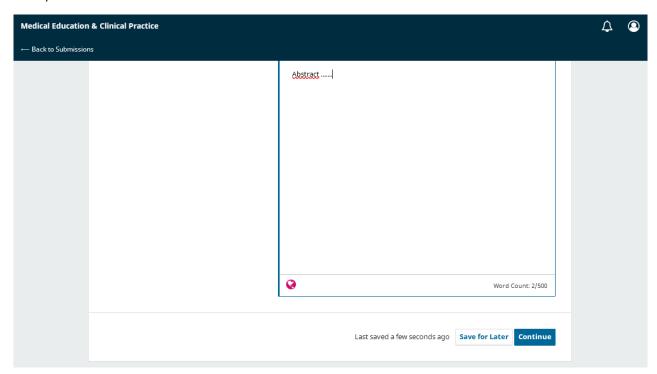




6) Copy the Abstract.



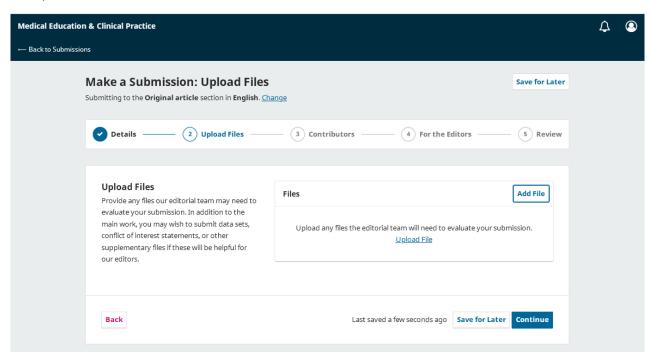
7) Click on "Continue".



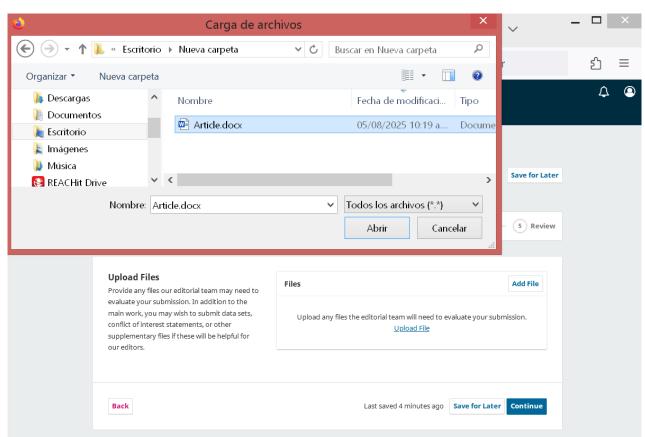




8) Click on "Add File".



9) Select the file

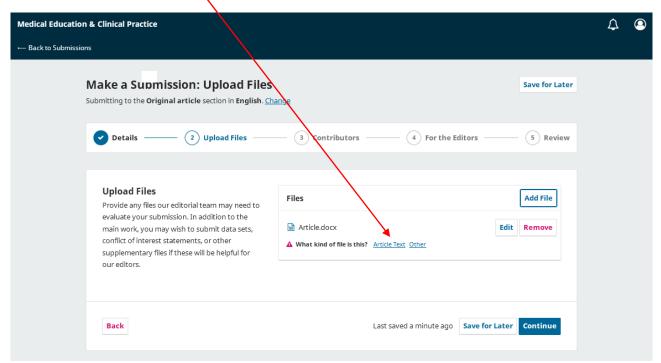




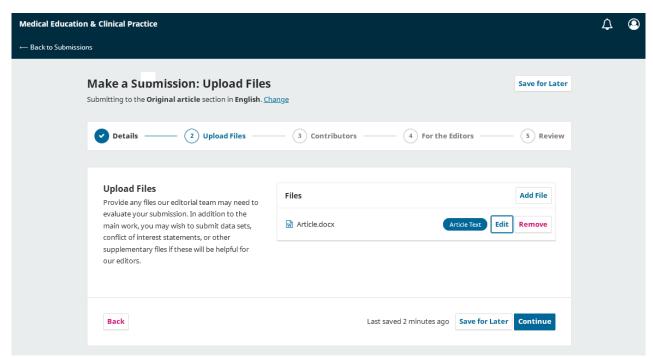


10) Click on "Article Text"

More files can be added by repeating steps 8, 9 and 10, including Sworn statement



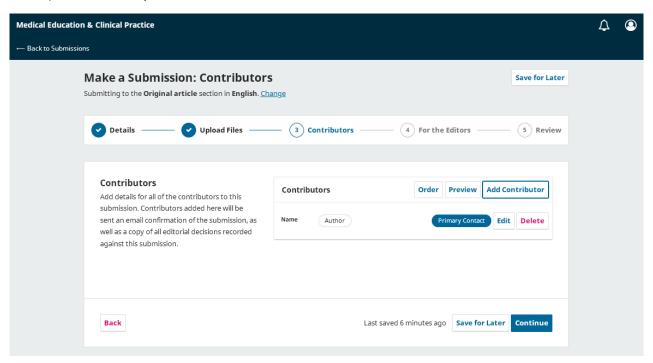
11) Click on Continue.



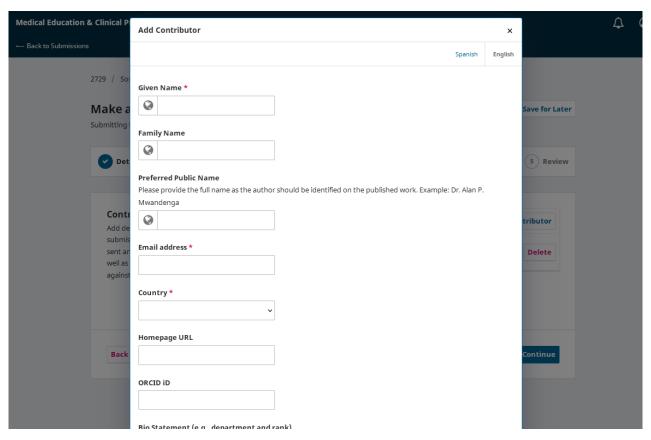




12) If It's necessary, click on "Add Contributor".



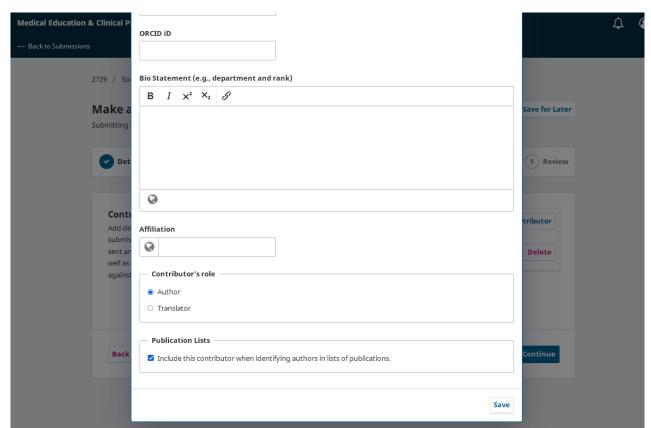
13) Enter the author's data (first and last name, email, country, ORCID identifier and affiliation). If you have problems with the ORCID number, only place it on the first page of your manuscript.



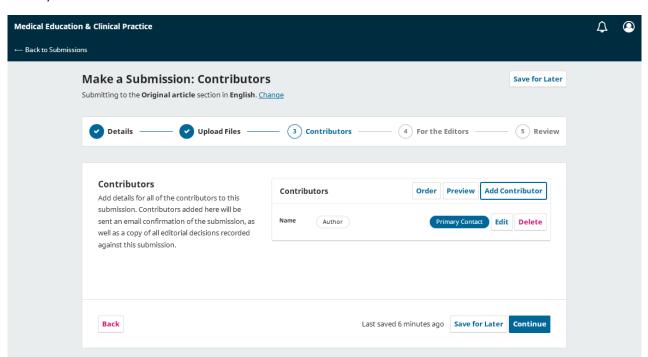




14) Do not forget to select the "Author" option and click on "Save". You can add more collaborators by repeating step 12



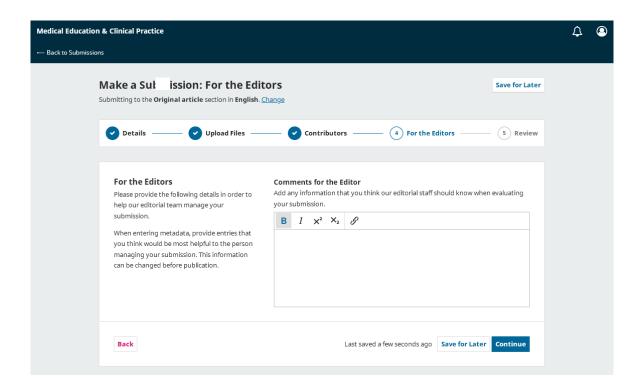
15) Then click on "Continue".







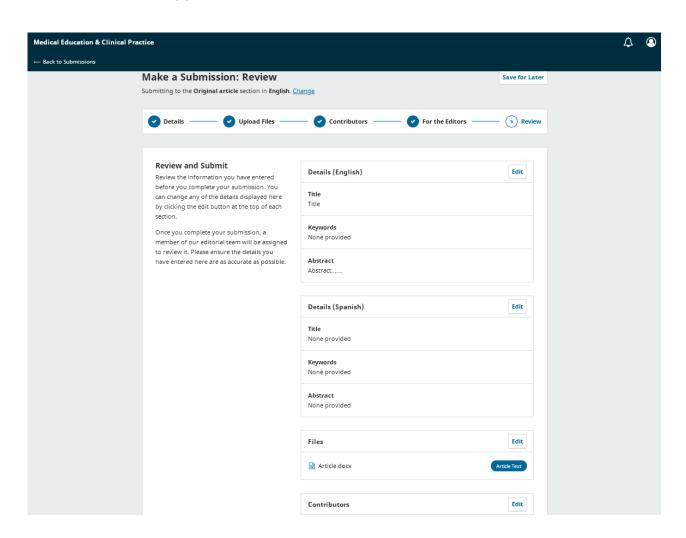
16) You can write Comments for the editor, for example, to suggest reviewers for your manuscript. Click on "Continue".







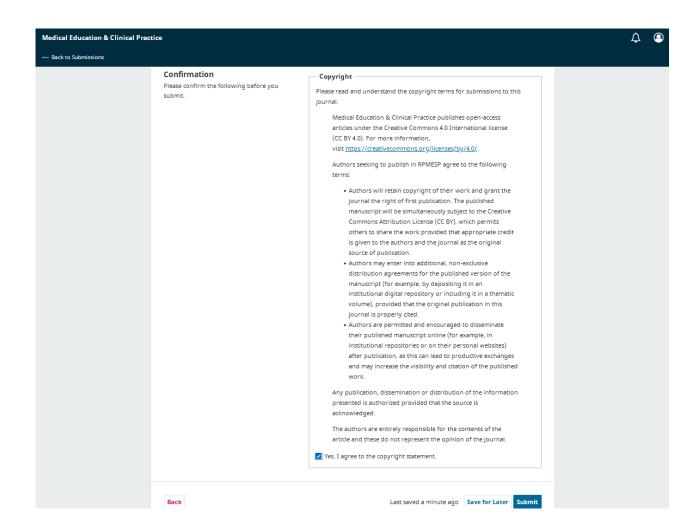
17) Review and verify your Submission.







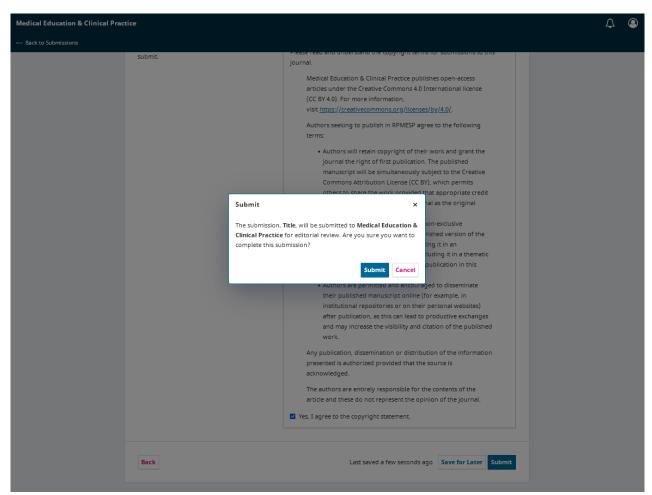
18) Click on Copyright statement and "Submit".







19) Click on "Submit".



20) After a few minutes this message will appear, indicating that the submission process has been completed successfully and you can log out.

